



# Arkna

## ECO-PARK

Arkna Eco-Park in Estonia encompasses a sustainable farm, health and wellness center, and vibrant community around a 16th century village and its restored manor. Within 100 km of Tallinn, Arkna's lush open spaces alternating with woodlands provide a place where mind, body and soul is regenerated, inspired and engaged to promote a healthy lifestyle.





In 1527 the noble Hastver family established a crop and cattle manor in Arkna village on Selja River, in the fertile fields of Lääne-Viru, near the town of Rakvere, in north-east Estonia. The manor, revived by the loving hands of proprietors Olle Saare and Piret Kuldkepp, is now the center of Arkna Eco-Park, wellness center and health farm.

Arkna promotes an ecological and healthy lifestyle, supported by its historic and cultural heritage and a wide range of events and trainings. The park itself functions as an international example for sustainable building, living, and community.





## Arkna's program

Arkna Eco-Park incorporates nature, wellness, history, innovation, production, culture and leisure. With its range of events throughout the year it demonstrates a self-sufficient lifestyle with artisanal foods created on site, workshops and trainings, wellness programs, and trade workshops to keep traditions alive. These are invigorated with music, theatre and performance programs for a remarkable experience throughout the year. For guests, spiritual healing combines with modern technologies into individualized care packages for every guest.



### Tourism & Hospitality

- 5, 4 and 3 star hotels & guesthouses
- Camping grounds
- Sports facilities & outdoor activity spaces, gyms, hiking trails
- Health and wellness spa
- Restaurants and cafes
- Boat and bike rental

### Health & Wellness Park

- Health and wellbeing services
- Healthy food program
- Eco-spa, healing environments,
- Meditation spaces
- Physiotherapy and therapeutic programs
- Pet-therapy
- Nature pharmacy

### Culture

- Concerts & theatre performances
- Art museum, galleries & exhibitions
- International festivals, poetry & literature events

### Competency & Training Center

- Education programs for sustainable food production, heritage healing, and historic renovation
- Workshops for wood, ceramics and crafts
- Summer programs
- Work exchange programs
- Sustainable village and passive house competence center

### Production

- Self sustaining food production
- Dairy farm with cows and goats
- Healing herb garden
- Polydome Sustainable Food Generator
- Berry and apple orchards
- Honey production (beehives)
- Wheat and cereal farming
- Biomass production for fertilization, heat and electricity supported by solar and ground coupled heat storage.
- Water recycling



## Community program

Arkna's community is supported through everyday services such as a daycare center, new community center, pre-school and senior program. In addition playgrounds around Arkna are combined with indoor and outdoor health activities.



A new bicycle path connects Arkna to Rakvere for a safe and healthy trip to town. Surrounding the renovated and sustainable houses is a productive landscape, well maintained roads and public facilities. The community is provided with employment opportunities and the current community center converted to a village heritage museum.



## Infrastructure

There are self-sufficient operations to maintain Arkna's infrastructure services for water, waste, electricity, lighting, heat, logistics, storage, cooling and tooling. Communication technologies are implemented to increase internet bandwidth and mobile reception.

In addition, facilities for cars and touring cars provide space for visitor parking. Lastly, suitable accommodation for staff and its community are provided.



## Discover your own story

Arkna manor is a place that through lively legends helps guests understand their personal stories to bring meaning, understanding, clarity and order to their own life. In the healing manor of Arkna the body becomes alive and the restless soul becalms.



With support of both its local and international community, Arkna establishes a unique center for holistic thought and practice for better living, working, learning and leisure.

## Arkna's Impact

Arkna is a prime example of a fully functioning modern self-sustainable community. With investments of around 10 million Euros the Eco-Park plays an important role in increasing the region's attractiveness for investments and tourism.

Over the course of the coming five years Arkna Eco-Park is creating up to 70 permanent positions for specialists and skilled workers, and 50 seasonal positions for students and volunteers in tourism and agriculture.



## Arkna's Values



Innovative &  
Creative



Nature  
Oriented



Energy  
independent



Sustainable



Profit and  
beyond

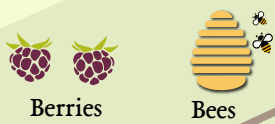


Network and  
open source



Collaboration





Berries

Bees

Gardening farm  
(cheese production)

Orchard



# Arkna ECO-PARK



Cereals

Polydome



Vegetables

Lake



Pavilion

Lake



Cereals



Cereals



Toilets



Camping

Park

School



Visitor center



Parking



Dairy farm



Goat farm



Heritage hotel

Museum

Traffic barriers



Spiritual centre



Cheese cave



Main visitor center



Healing garden



Meadows

Sport park

Heritage SPA and Hotel



Master's court

Manor

Massage

Mystic forest

Boats

New community centre

Boats

River



Cereals

Eco-houses site 1

Arkna village

Eco-houses site 2



Tourist map

EXCEPT  
INTEGRATED SUSTAINABILITY



## Partners



MUINSUSKAITSEAMET



Lääne-Viru maavalitsus

**EXCEPT**  
INTEGRATED SUSTAINABILITY



European  
Commission

Horizon 2020  
European Union funding  
for Research & Innovation

**LEADER**  
EESTI



Maapõu Arengu Euroopa  
Ühenduse toetusel  
Eesti Vabariigi  
Maasikafondil



SISEMINISTEERIUM



KÜSK Kodanikuühiskonna  
Sihtkapital

KODANIKUÜHISKONNA TOETUSEKS



## Contact info

For more information please contact us via e-mail [info@arkna.ee](mailto:info@arkna.ee)

## What they say about us

*“Arkna Eco-Park is an impressive example of innovation and cultural heritage in Estonia. This kind of collaboration between modern and historic, useful and beautiful will definitely be one of the best examples in Europe.”*

Marko Torm,  
Head of Lääne-Viru County



**Arkna**  
ECO-PARK

### Address

Arkna Manor, Rakvere Municipality,  
Lääne-Viru County, Estonia 44419

### Website

[www.arkna.ee](http://www.arkna.ee)